

# MESSAGE CARRIERS



CARRYING THE MESSAGE OF RECOVERY

## Recovery Lights Up the Night

Saturday, September 17, 2016 – 6:00PM Start  
5907 Penn Ave., Pittsburgh, PA 15206

**Riding** bikes through the East End of  
Pittsburgh at **Night!!!**

**Promoting** Health & Wellness one of the many  
Pathways to Recovery

# National Recovery Month

Prevention Works · Treatment is Effective · People Recover

Join us! ***This is a family friendly event!***

**Illuminate** your bikes! **Free** bike reflectors on first come first serve basis!  
Bring your own bike or rent one from Healthy Bike Ride-we have discounts!

This event is **FREE!** Register on Eventbrite.

**Donate** \$10 or more on Eventbrite to **Receive** a  
**T-shirt** and enter chance to win a **Bike!!!**

Please register for “Recovery lights up the Night” at [www.eventbrite.com](http://www.eventbrite.com)

For more info phone: 412.361.0142 or

e-mail: [messagecarriers50@gmail.com](mailto:messagecarriers50@gmail.com)

Let us know if you will need to rent a bike to receive a discount!

# Healthy Ride

